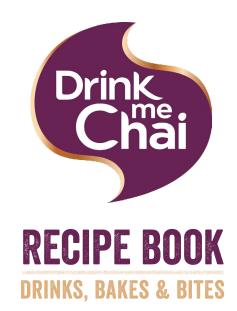
Drink Chai

RECIPE BOOK DRINKS, BAKES & BITES



HELLO & WELCOME!

We are Drink me Chai, we're a family-run British company with a passion for innovative & exciting drinks.

The journey began in 2004, when I tasted chai for the first time on a trip in India. It was truly love at first sip! This trip inspired me to bring that same taste back to the UK.

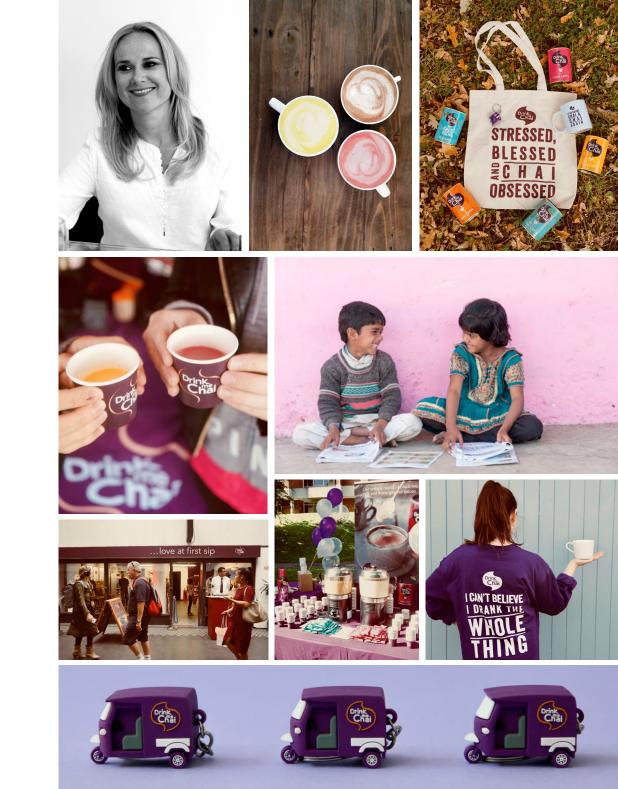
Fast forward to today & Drink me Chai is available in over 20 countries across the globe, as well as supplying to major supermarkets, cafe chains & independent retailers across the UK.

We saw it fit to give something back to the nation that gave us our chai, and we are proud to donate a percentage of our profits to Pratham. Pratham are a charity that help teach disadvantaged children in India to read & write.

We created this recipe book to showcase our powdered blends and their versatility. We wanted to show you how easy it is to not only create delicious beverages, but also bites, bakes & everything in between!

We hope you enjoy!

Amanda Hamilton FOUNDER OF DRINK ME CHAI





SPICED CHA USING AUTHENTIC & NATURAL SPICES. 99% CAFFEINE FREE & GLUTEN FREE.

HOW TO MAKE A DELICIOUS CREAMY CHAI LATTE:

ADD 3 TEASPOONS OF CHAI POWDER TO A CUP. STIR IN 200ML OF HOT MILK OR HOT WATER. DUST WITH A SPRINKLE OF CINNAMON. YUM!





CHAI LATTE & RAISIN JUMBLE LOAF #IHEARARUMBLEINTHECHAIJUNGLE

INGREDIENTS

For Dough: 1 x 7g fast-action dried yeast 500g strong white flour 7g seasalt 2tsp caster sugar 250ml milk 50g unsalted butter 1 medium egg 75g raisins

For Filling:

65g light muscovado sugar 1tbsp Spiced Chai powder 1tsp strong white flour

TASTES AMAZING TOASTED & TOPPED WITH OUR RAW CACAO & HAZELNUT SPREAD!

METHOD

1. To make the dough, put the flour, yeast, salt & sugar into a large bowl and mix thoroughly. Once mixed create a well in the centre of the bowl.

2. Heat the milk in a plastic jug with the butter, until melted & leave to cool until lukewarm. Add the egg & combine.

3. Add the jug contents to the flour mix & work everything to gether with your hand to make a soft dough.

4. Turn out the dough onto a lightly dusted worktop & knead for 8 minutes. Scatter the raisins over the dough & knead until distributed evenly throughout the dough.

5. Return dough to the bowl & leave for an hour to rise.

6. To create the filling, mix all of the remaining ingredients in a small bowl.

7. Roll out dough to a rectangle (30 x 40cm) & then brush with milk and then sprinkle filling evenly across the surface of the dough. Roll the dough up like a Swiss Roll, making sure to pinch the ends to close the seam.

8. Cut the roll into 14 slices & then slice each of them in half once again (to create a semi-circle shape).

9. Arrange a layer of dough into the bottom of a lined loaf tin (900g). Add the rest of the pieces in a 'jumbled' fashion, making sure you don't flatten the pieces.

10. Cover the tin with clingfilm & leave to rise for 1 hour. Towards the end of this final prove, heat your oven to 180°C Fan.

11.Uncover the loaf, brush gently with milk & bake for 35 minutes or until golden brown. Yum!





CHAI LATTE BANANA BREAD #IFINDYOUVERYAPPEALING

INGREDIENTS

- 140g butter70g caster sugar70g Spiced Chai powder2 medium eggs, beaten
- 140g self-raising flour1tsp baking powder2 bananas, mashedHandful of banana chips

METHOD

1. Preheat oven to 180°C Fan & line a loaf tin.

2. Using a wooden spoon, cream the butter, sugar & Chai powder until light & fluffy.

3. Slowly add the eggs to the mix & one tbsp of flour.

4. Fold in the remaining flour, baking powder & mashed bananas.

5. Pour the mixture into the prepared tin & add a layer of banana chips on the top.

6. Bake for about 30 minutes or until a skewer comes out clean from the bread. Leave to cool on a wire rack.

7. Serve with a dollop of coconut yogurt & pomegranate!



INGREDIENTS

260g plain flour
3tbsp caster sugar
2tsp baking powder
2tbsp Spiced Chai powder

5tbsp unsalted butter 2 eggs, beaten 20ml milk

METHOD

1. Preheat oven to 210°C. In a large bowl combine the flour, sugar, baking powder & Chai powder.

2. Ensure the butter is cold, cut into chunks & add to flour mixture. Use your hands to rub in the flour mix, until it has a grainy consistency.

3. Add eggs & milk to mix and combine to form a soft dough.

4. Turn out the dough onto a lightly floured surface & roll out 2.5cm thickness, then cut with circle pastry cutters.

5. Place onto a baking tray lined with paper & brush with a little milk & bake for 15-17 mins or until golden.





CHAILATTE & COURGETTE MUFFINS #SAVOURYANDSWEET

INGREDIENTS

- 360g plain flour
 2tsp baking powder
 1tsp salt
 4tbsp Spiced Chai powder
 220ml almond milk
 1 large egg
 METHOD
- 2tbsp olive oil 130g courgette, grated 100g cheddar, grated 1 spring onion 1tbsp fresh thyme

1. Preheat oven to 170°C Fan & line your muffin tin with cases of grease proof paper.

In a large bowl combine flour, baking powder, salt
 Chai powder & set aside.

3. Whisk egg, milk & oil together & add to dry ingredients and mix until well incorporated.

4. Stir in the courgette, cheese, spring onion & thyme until well dispensed & thick.

5. Spoon batter into prepared muffin tin & bake for30-35 minutes or until golden brown & when inserteda skewer comes out clean.



STICKY CHAI & HONEY BUNS #MORNINGHONEYBUN

INGREDIENTS

For Dough: 1 x 7g fast-action dried yeast 450g strong white flour 2tbsp set honey 225ml milk 1 medium egg

For Filling & Topping: 140g set honey 2tbsp Spiced Chai powder 140g unsalted butter 100g brown muscovado sugar 50ml single cream 100g walnut pieces

METHOD

1. To make the dough, put the flour & yeast into a large bowl and mix thoroughly. Once mixed create a well in the centre of the bowl.

2. In a separate bowl mix the egg, honey & pour into the dry ingredients. Mix thoroughly by hand, until you have a soft dough.

3. Turn out the dough onto a lightly dusted worktop & knead for 8-10 minutes, until silky & stretchy.

4. Return dough to the bowl & leave for 1.5 hours to rise.

5. Roll out dough to a rectangle (30 x 25 cm) on a lightly floured worktop.

6. To make the filling, add the honey, Chai powder, butter & sugar to a bowl & beat well with a wooden spoon and stir the cream in.

7. Spread over a third of the filling mix onto your rolled out dough & scatter half of the walnuts evenly. Once the filling ingredients have been added, roll up the dough from one side, making sure to pinch the seam. Then cut the strip into 12 pieces.

8. Spoon the rest of the filling mix into a baking tray (30 x 25cm) & spread evenly. Sit the cut dough rolls on top of the mix, so they are barely touching.

9. Cover the tin with clingfilm & leave to rise for 45 minutes. Towards the end of this final prove, heat your oven to 180° C Fan.

10. Uncover & bake for 25 minutes, until golden brown & the filling is bubbling. Scatter the remaining half of the walnuts on top & leave to cool completely. Yum!





CHAI LATTE SPICED MINCE PIES #IONLYHAVEPIESFORYOU

INGREDIENTS

350g mincemeat 220g plain flour 2tbsp Spiced Chai powder 2tbsp caster sugar 125g unsalted butter 1 large egg, beaten lcing sugar to dust

METHOD

1. Butter a 12-case cupcake tin.

2. Place the flour, Chai powder, sugar & butter into a food processor and pulse until resembling breadcrumbs, then slowly add the egg.

3. Bring the mixture together with your hands, wrap in cling film & chill for one hour.

4. Thinly roll out the pastry onto a floured surface. Cut out 12 circles with a pastry cutter, large enough to fill the cases in the tin.

5. Press gently into each case, then fill evenly with mincemet. Cut out another 12 stars & place over the mincemeat. Press the edges together with the end of the fork to seal.

6. Heat the oven to 200°C & bake for 20 minutes until golden brown.



CHAILATTE PINK PORRIDGE #WHOSBEENEATINGMYPORRIDGE

INGREDIENTS

40g rolled oats 150ml coconut milk 1tbsp Spiced Chai powder 1tsp coconut nectar 20g fresh raspberries 20g pomegranate seeds 20g frozen raspberries

METHOD

1. Place the oats & coconut milk into a mediumsized pan over a medium heat & stir with a wooden spoon.

2. Bring up to a simmer for 4-5 minutes stirring constantly until you have a smooth & creamy porridge.

3. Remove from the heat, add the coconut nectar & squeeze the raspberries into the porridge. Stir well until the raspberries have broken down & the porridge turns a pale pink colour.

4. Spoon into a bowl & serve topped with fresh pomegranate seeds & a few frozen raspberries!



RAW CACAO CAFFEINE, DAIRY & GLUTEN FREE. **RICH IN ANTIOXIDANTS.** NATURALLY SEROTONIN BOOSTING. THE **ULTIMATE HEALTHY HOT CHOC.**

HOW TO MAKE A DELICIOUS RAW CACAO LATTE:

ADD 3 TEASPOONS OF POWDER TO A CUP. STIR IN 200ML OF HOT MILK (DAIRY OR ALTERNATIVE). YUM!





RAW CACAO & HAZELNUT SPREAD #YOUDRIVEMENUTS

INGREDIENTS

375g hazelnuts 150ml maple syrup 3tbsp Raw Cacao Superblend 150ml water

METHOD

1. Preheat oven to 180°C Fan.

2. Bake the hazeInuts for about 10 minutes, remove from oven & allow to cool.

3. Once cool, place the hazelnuts into a high power food processor & blend for about 10 minutes or until totally broken down.

4. Add the maple syrup & Raw Cacao Superblend powder and blend again. Whilst blending gradually pour in 150ml of water.

5. Add contents to a glass jar & store in the fridge.

RAW CACAO ALMOND BUTTER FUDGE #YOUAREMYBUTTERHALF

INGREDIENTS

400g medjool dates, pitted 10tbsp almond butter 4tbsp coconut oil 3tbsp Raw Cacao Superblend

METHOD

1. Place dates in a saucepan with a little boiling water. Allow them to cook for 5 minutes, until soft & sticky.

2. Drain if there is any water left & set aside to cool.

3. Place the almond butter, coconut oil & Raw Cacao Superblend powder in a high-speed food prcessor & add the dates before blending for 1-2 minutes, until a sticky paste forms.

4. Line a baking tray with greaseproof paper & pour mix in before putting into freezer to set for at least 3 hours.

5. Take out the fudge out of the freezer, defrost for 5 minutes & cut as desired.





RAW CACAO VEGAN CHEESECAKES #WHOKNEWVEGANCHEESECAKESWEREATHING?

INGREDIENTS

250g dates, pitted 350g raw walnuts 3tbsp Raw Cacao Superblend 350g raw cashews 1 lemon, juiced 60ml coconut oil, melted 400ml coconut milk 100g dark chocolate 60ml maple syrup

METHOD

1. Add dates, walnuts & raw cacao powder to a highspeed blender to form a loose dough.

2. Cut parchment paper into circles the shape of your ramekins & divide your dough amongst dishes, using your fingers to distribute.

3. Add all other ingredients to a blender & mix until smooth.

4. Divide filling mix amongst the ramekins & leave to set in fridge for 4-6 hours.

5. Once set, run a knife along the edge of ramekin and the cheesecakes should 'pop' out! Finish with a topping of your choice!



INGREDIENTS

145g unsalted butter1/2tsp salt250g caster sugar1tsp baking powder80g Raw Cacao Superblend2 large eggs1tsp vanilla extract65g plain flour

METHOD

1. Preheat oven to 180°C Fan & line a baking tray (25cm x 30cm) with baking paper.

2. Add 150ml of water to a saucepan & heat until simmering. Mix butter, sugar, Raw Cacao Superblend & salt in a medium heat-safe bowl. Rest the bowl over simmering water (so that the bowl doesn't touch the water).

3. Stir mixture occasionally until the butter has melted. Remove the bowl from heat & set aside for 3-5 minutes until lukewarm. Stir in the vanilla with a wooden spoon. Then, add the eggs, one at a time, mixing thoroughly.

4. When the batter looks shiny, add the flour & stir until fully incorporated. Spread evenly into the lined tray.

5. Bake for 35-40 minutes or until a toothpick comes out almost clean when inserted into the mix. Leave to cool & cut into 16 slices.





TURNERC. CAFFEINE. DAIRY & GLUTEN FREE **RICH IN ANTIOXIDANTS.** ANTI-INFLAMMATORY & ANTIBACTERIAL PROPERTIES. SUGAR FREE.

HOW TO MAKE A DELICIOUS TURMERIC LATTE:

ADD 1 TEASPOON OF POWDER TO A CUP. STIR IN 200ML OF HOT MILK (DAIRY OR ALTERNATIVE). ADD A SWIRL OF HONEY FOR SWEETNESS. YUM!





TURMERIC Smoothie Bowl #Smoothcriminal

INGREDIENTS

2tsp Turmeric Superblend 3tbsp coconut milk yogurt 50g gluten-free oats 1tbsp cashew butter2 bananas, choppedToppings: your choice!

METHOD

Add all ingredients, other than the toppings,
 to a high-speed food processor, along with
 600ml of water & blend until smooth.

2. Place into a bowl & finish with toppings of your choice. Granola & berries work really well with this smoothie bowl!



TURMERIC & POTATO FOCACCIA BREAD

#GOINGAGAINSTTHEGRAIN

INGREDIENTS

1/2tsp fast-action dried yeast
4tbsp olive oil
450g strong white flour
3 medium potatoes, thinly sliced
1tsp Turmeric Superblend
A pinch of sea salt
1 rosemary sprig, to serve

METHOD

1. In a large bowl, dissolve the yeast in 350ml of lukewarm water & add 2tbsp of olive oil.

2. Add the flour to the yeast, as well as 1tsp of salt & mix well with your hands to form a dough.Cover & leave in the fridge for 2-3 hours.

3. Then turn your dough out into an oil tray (roughly 20x30cm).

4. Using your fingertips, gently stretch the dough into a rectangle and the fold in half. Rotate the dough 90 degrees & repeat the process. Leaving to rest for 30 minutes.

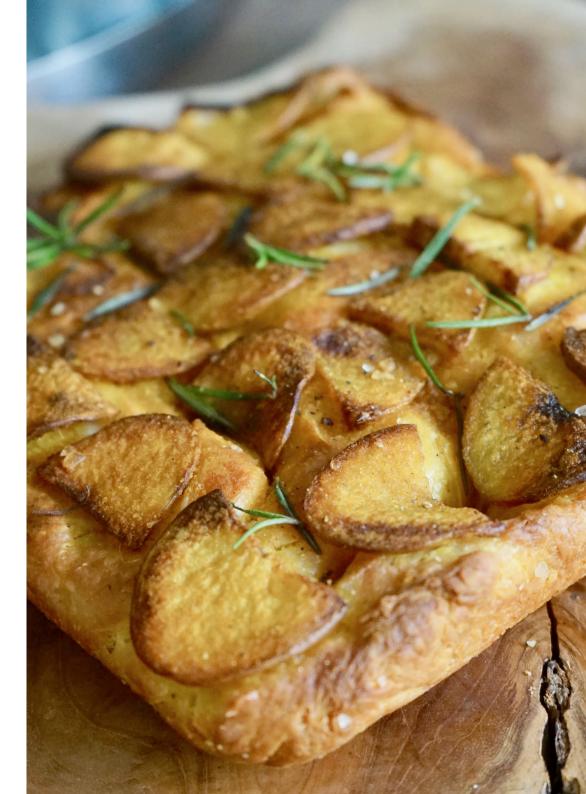
5. After resting, repeat step 4 twice more.

6. Heat oven to 220°C fan.

7. Gently stretch the dough again to fill your tray (but don't force it, if it springs back too much!)

8. Spread the potato slices over the dough. Mix the rest of the olive oil with the Turmeric Superblend& brush over the potatoes. Sprinkle with sea salt & bake for 25-30 minutes.

9. When cooked, drizzle some more olive oil & scatter rosemary over the top of the bread. Cut or tear to serve!





TURMERIC GRANOLA #THEBREAKFASTCLUB

INGREDIENTS

4tbsp Turmeric Superblend 340g rolled oats 3tbsp sunflower seeds 360ml apple juice 170g honey100g flaked almonds100g dried cranberries

METHOD

1. Preheat oven to 170°C fan & line a 20x30cm baking tray with greaseproof paper.

2. Combine everything & mix thoroughly in a large bowl, except the almonds & cranberries.

3. Spread the mixture out on the baking tray & bake for 20 minutes.

4. Remove the mix from the oven, breaking it up using a wooden spoon & return to the oven to bake for a further 20 minutes, until quite brittle.

5. Set aside to cool, before breaking up the granola once again. Once cool, add & mix the almonds & cranberries into the mixture.

6. Store in an airtight container for up to 1 month.



BEERROOT. CAFFEINE, DAIRY & GLUTEN FREE. **RICH IN ANTIOXIDANTS.** HIGHIN VITAMIN C & NITRITES. A UNIQUE SOURCE OF BETAINE.

HOW TO MAKE A DELICIOUS **BEETROOT LATTE:**

ADD 2 TEASPOONS OF POWDER TO A CUP. STIR IN 200ML OF HOT MILK (DAIRY OR ALTERNATIVE). YUM!





BEETROOT Houmous

#WORDSCANNOTEXPRESSHOUMOUSILOVEYOU

INGREDIENTS

200g tinned chickpeas2tbsp lemon juice2 garlic cloves, crushed2tbsp Beetroot Superblend

1tsp ground cumin 1tbsp tahini 4tbsp water

METHOD

1. Drain the chickpeas and rinse.

2. Place the chickpeas, lemon juice, garlic, Beetroot Superblend, cumin, tahini, water & a pinch of salt into a high-speed food processor, and blend to a creamy purée.

3. Add more lemon juice or salt to taste.

4. Best served on toasted wholemeal bread & drizzled with a little olive oil or balsamic vinegar & a sprinkling of nigella seeds.



BEETROOT MILLIONAIRE SHORTBREAD #SHAKEITUP

INGREDIENTS

For Shortbread: 250g plain flour 100g caster sugar 200g butter, diced

For Caramel:

1 tin condensed milk (397g)
 2tbsp golden syrup
 1tbsp caster sugar
 90g butter
 2tbsp Beetroot Superblend

For Chocolate Topping: 300g milk chocolate, melted 50g butter 50g white chocolate, melted

METHOD

1. Preheat your oven to 160°C Fan & lightly grease a 20x20cm baking tin.

2. For the shortbread: sieve the flour & sugar into a large bowl & rub the butter into the mix until it forms breadcrumbs. Spread the mixture evenly into the bottom of the tin, pressing the mix down with a back of a spoon.

3. Bake for 45-50 minutes & leave to cool completely in the tin.

4. For the caramel: pour the condensed milk, golden syrup, sugar, butter & Beetroot Superblend into a saucepan. Heat gently until simmering & stir constantly, until thick & fudgy.

5. Leave to cool for a few minutes & then pour over the shortbread. Allow to cool completely.

6. Heat the milk chocolate & butter in the microwave until melted & glossy. Once melted, pour over the shortbread & caramel.

7. At the same time, melt the white chocolate & place into a piping bag. Pipe straight lines of white chocolate onto the milk chocolate & using a skewer, drag through the rows creating a feathered design.

8. Leave to set completely & cut into rectangles or squares.





INGREDIENTS

4tbsp Beetroot Superblend 30g desiccated coconut 15 medjool dates, pitted 2tbsp cocoa powder 140g almonds1tsp sea saltToppings: your choice!

METHOD

1. Soak the dates in 300ml of water for 30 minutes.

2. Place the coconut & almonds in a high-speed food processsor & mix until fine. Then add the soaked dates & blend well.

3. Add Beetroot Superblend, cocoa powder and salt & blend until uniformly mixed.

4. If your mixture is grainy, add 1tbsp at a time of the leftover date-soaking water, until the mixture has a 'stodgy' consistency. (Be careful not to add too much water!)

5. Roll mixture into balls, apply desired topping (dark chocolate & coconut oil works to create a glossy finish) & store in an airtight container for 7 days.

WHY NOT TRY WITH A **DIFFERENT POWDER? TASTES GREAT WITH RAW CACAO POWDER INSTEAD OF BEETROOT!**



BEETROOT & CARROT RAINBOW BREAD #SOMEWHEREOVERTHERAINBOW

INGREDIENTS

For Beetroot dough:1 beetroot1/2tsp salt2tbsp Beetroot Superblend3.5g dried yeast50ml milk2 medium eggs250g strong white bread flour75g butter, diced

For Carrot dough:

1 carrot, peeled & chopped	1/2tsp salt
1tsp Turmeric Superblend	3.5g dried yeast
50ml milk	2 medium eggs
250g strong white bread flour	75g butter, diced

For Topping:

1 medium egg, beaten 1tbsp carraway seeds (optional)

METHOD

1. Preheat your oven to 180°C Fan. Trim the beetroot stalks & wrap the beetroot in tin foil and bake for 1 hour.

2. Meanwhile, to make the carrot dough: place the carrot in a heatproof bowl with the Turmeric Superblend & 1tbsp water, cover in clingfilm & make a small hole to release steam. Place in the microwave & heat until tender. Once cooked, place the carrot into a high-speed food processor & blend until smooth.

3. Add the flour, salt & yeast into a large mixing bowl. Heat up the 50ml of milk & add to the bowl. Whilst mixing with your hands or a large wooden spoon, add the carrot puree & eggs. Mix until the dough feels soft, but not sticky. Leave the dough to prove for an hour or until doubled in size.

4. To make the beetroot dough: Peel the beetroot & transfer to a high-speed food processor, add the Beetroot Superblend & blend until smooth. Repeat step 3, but with the beetroot puree rather than the carrot.

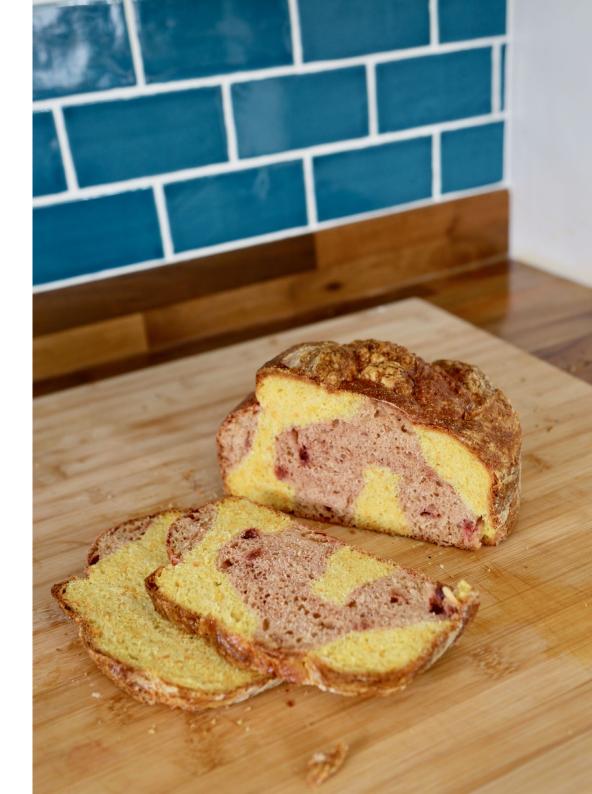
5. Lightly oil a loaf tin & preheat the oven to 200°C Fan. Turn out each dough onto a clean surface. Divide the doughs in half & loosely roll into two sausage shapes (the length of your loaf tin).

6. Place one half of the carrot dough at the bottom of the tin & lie one half of the beetroot dough next to it. Repeat the process with the other halves resting on top (creating a chequerboard effect). Cover in clingfilm & leave to prove for 30 minutes.

7. Brush the loaf with the beaten egg & sprinkle over the carraway seeds & bake for 15 minutes.

8. Lower the oven temperature to 170°C Fan & bake for a further 25 minutes.

9. Once baked, transfer to a cooling rack for 10 minutes. Remove the loaf from the tin & cool for a further 20 minutes. Yum!







We hope you enjoyed but we want you to ha too!



DRINK, EAT & LAUGH! We hope you enjoyed the bakes we have on offer, but we want you to have some fun & experiment



So have a play and send us an email with your bakes:

info@drinkmechai.co.uk

OR post them on any social media platform, using:

@drinkmechai







A book bursting full of delicious & fun recipes made using our powdered blends. From Chai Latte Muffins to Turmeric Focaccia Bread you're bound to find something to tickle your tastebuds!

Including dairy free & vegan recipes, as well as indulgent seasonal treats, this recipe book is designed to show the versatility of our products & how easy they are to use & create something delicious with!





www.drinkmechai.co.uk